



Fact sheet about Shea Butter

(With added benefit of a touch of avocado oil.)

There is NO:

- Wax
- Air (Our Shea Butter/Balms are unwhipped)
- Petroleum
- Preservatives
- Emulsifiers
- Water
- Alcohol

Can be used for your *entire* body. Has been known to help with:

- Bug bites and itchiness.
 - Cracked heels, elbows, hands, knees, cuticles, etc.
 - Dry hair/scalp; apply ¼ tsp. approx. 4-12 hours before shampooing.
 - Dry lips. No more eating wax!
 - Dry nose. Apply IN nostrils to prevent dry nose. (Great for oxygen mask users.)
 - Itchiness and dry patches from eczema, psoriasis.
 - Make up remover. (No scent preferably.)
 - Massage on the feet for those with diabetes who need to take extra care.
 - Nasal decongestant.
 - Safe for babies who do not have nut allergies.
 - Stretch mark prevention.
 - Sunburn (and other burns) to help prevent peeling and adds suppleness to scars.
 - Use for pets with dry, flaky skin. Chunk some IN their bath water.
 - Will melt in bath (1 Tbsp), shaving water or foot soak (approx 1 tsp.)
 - You only need a small amount for facial application.
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- Wintertime application of Shea requires a "scraping" off the top, like butter out of the fridge.
 - Place between hands and warm. Apply/massage and you'll experience skin euphoria!